Improving Glycemic Control
and Preventing Hypoglycemia
in the Hospital Setting

This continuing education (CE) activity is
supported by an educational grant
from Novo Nordisk Inc.
Dear CE Planner,

It is now well accepted that hyperglycemia in the inpatient setting is not only a quality of care issue, but also a patient safety, length of stay, and a cost issue. The management of inpatient hyperglycemia in patients with and without the diagnosis of diabetes continues to evolve. Recent data and the revised treatment recommendations for the management of inpatient hyperglycemia make education for the multiple stakeholders extremely timely.

You are invited to host one or more modules of a live CME/CE-certified educational curriculum entitled:

**Improving Glycemic Control and Preventing Hypoglycemia in the Hospital Setting**

The content of this educational curriculum has been designed by a nationally-recognized group of experts on this topic. The curriculum focuses on improving the knowledge and competence of health care providers in the management of hospitalized patients experiencing hyperglycemia, with the goal of improving outcomes. The contribution of a multidisciplinary steering committee in developing the content of this evidence-based curriculum make it possible to offer continuing education credits for physicians, nurses, and pharmacists who participate in these modules. Other care team members, including nurse practitioners, physician assistants, and dietitians, may also participate. The entire curriculum has been reviewed extensively for balance and scientific rigor.

This curriculum offers four different modules which can be incorporated into your regular grand rounds, or scheduled as separate presentations. Each module contains unique content that has been designed to be presented individually, or as part of a series. This enables you to choose the module or modules that best address the clinical practice gaps and educational needs of your staff. This curriculum also includes a choice of speakers.

**Module A: The Importance of Addressing Hyperglycemia in the Inpatient Setting: The Why’s and How’s**

**Module B: Multidisciplinary Approach to Developing and Implementing Insulin Protocols in the Inpatient Setting**

**Module C: Optimizing Care of the Inpatient with Hyperglycemia and Diabetes: Case Studies in Action**

**Special Pharmacy Module: Safe and Effective Use of Insulin in the Inpatient Setting—Role of the Pharmacist**

This educational curriculum is jointly sponsored by American Academy of CME, Inc. and E&S MedEd Group, Inc., and is supported by an educational grant from Novo Nordisk Inc. There is no cost to your institution to host these modules, and they can be scheduled at your convenience. On behalf of my colleagues on the planning committee, it has been our pleasure to develop this curriculum. We hope that you will find the above modules useful to the health care professionals in your institution who are involved in the management of inpatient hyperglycemia.

Sincerely,

Etie Moghissi, MD, FACP, FACE
Curriculum Chair
Associate Clinical Professor of Medicine
University of California Los Angeles
Overview

As recommended by the Institute of Medicine, practitioners must provide patient-centered care, work in interdisciplinary teams, and employ evidence-based practice. This educational curriculum takes a patient-centered approach by examining the needs of inpatients with hyperglycemia across their hospital stay, through to discharge back to the community. Patient case vignettes showing how to implement, monitor, and transition patients will be used as part of the educational initiative. The focus is multidisciplinary in nature, in accord with national recommendations identifying the need for involvement of the entire healthcare team in the successful management of the inpatient with elevated glucose levels. Finally, in line with current consensus statements, the curriculum takes an evidence-based approach to improving the outcomes of patients in the hospital with new, previously recognized or unrecognized diabetes, as well as stress-related hyperglycemia.

Target Audience

This curriculum has been designed to meet the educational needs of endocrinologists, hospitalists, inpatient pharmacists, nurses/nurse practitioners, physician assistants, certified diabetes educators, and other healthcare professionals involved in the management of hospitalized patients with hyperglycemia.

Module Learning Objectives

Module A: The Importance of Addressing Hyperglycemia in the Inpatient Setting: The Why’s and How’s
- State currently recommended glycemic treatment targets for patients in critical care and noncritical care settings
- List components of published standardized insulin order sets
- Apply best practices for managing inpatient glycemic control based on current evidence

Module B: Multidisciplinary Approach in Developing and Implementing Insulin Protocols in the Inpatient Setting
- Identify roles of key stakeholders for development and implementation of insulin protocols
- Compare and contrast the unique roles in the multidisciplinary care team to support the safe and effective use of insulin
- List best practices for transitions of care to avoid hyperglycemia and hypoglycemia
- Develop discharge plans to ensure appropriate outpatient follow-up of patients with diabetes and/or inpatient hyperglycemia

Module C: Optimizing Care of the Inpatient with Hyperglycemia and Diabetes: Case Studies in Action
- Identify patient situations where specific attention to glycemic control is warranted
- Determine whether patients in specific situations are at greater or lesser risk of hyperglycemia and/or hypoglycemia
- Describe specific situations where glucose control is particularly challenging

Special Pharmacy Module: Safe and Effective Use of Insulin in the Inpatient Setting, Role of the Pharmacist
NOTE: this module is certified for pharmacy credit only, and is intended for ASHP chapters and other large groups of pharmacists
- Identify the most common medication errors with insulin therapy and discuss strategies on how to prevent them
- Compare and contrast the use of sliding scale insulin versus basal-bolus insulin therapy in managing hyperglycemia in hospitalized patients
- Describe best practices for managing hyperglycemia in hospitalized patients
- Discuss key educational points for available insulin products for peers and patients
Accreditation Statements

Physician
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of American Academy of CME, Inc. and E&S MedEd Group, Inc. American Academy of CME, Inc. is accredited by the ACCME to provide continuing medical education for physicians.

American Academy of CME, Inc. designates modules A, B and C in this live activity for a maximum of 1.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse
American Academy of CME, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

American Academy of CME, Inc. designates modules A, B and C in this educational activity for 1.0 contact hour.

Pharmacist
American Academy of CME, Inc. is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. Each module provides 1.0 contact hours (0.1 CEUs) of continuing education credit.

Module A: The Importance of Addressing Hyperglycemia in the Inpatient Setting: The Why’s and How’s
ACPE Universal Activity Number: 0297-9999-12-003-L01-P, Knowledge-based activity

Module B: Multidisciplinary Approach in Developing and Implementing Insulin Protocols in the Inpatient Setting
ACPE Universal Activity Number: 0297-9999-12-004-L01-P, Knowledge-based activity

Module C: Optimizing Care of the Inpatient with Hyperglycemia and Diabetes: Case Studies in Action
ACPE Universal Activity Number: 0297-9999-12-005-L01-P, Knowledge-based activity

Special Pharmacy Module: Safe and Effective Use of Insulin in the Inpatient Setting, Role of the Pharmacist
ACPE Universal Activity Number: 0297-9999-12-006-L01-P, Knowledge-based activity

How to Receive Credit
In order for participants at your institution to receive their CME/CE certificate or statement of credit, they must sign-in, participate in a module, and complete the post-activity evaluation. Pharmacists will receive credit through the ACPE’s CPE Monitor system (paper statements of credit will not be issued). All other healthcare professionals will receive CME/CE certificates within 6-8 weeks via mail.

Financial Disclosure and Conflicts of Interest
According to the disclosure policy of the American Academy of CME, Inc., all faculty, planning committee members, editors, managers, and other individuals who are in a position to control content are required to disclose any relevant relationships with any commercial interests related to this activity. The existence of these interests or relationships is not viewed as implying bias or decreasing the value of the presentation. All educational materials are reviewed for fair balance, scientific objectivity, and levels of evidence. Disclosures will be made known to the participants prior to the activity.

The opinions expressed in this educational activity are those of the faculty, and do not represent those of Academy, E&S MedEd Group, or American Nurses Credentialing Council’s Commission on Accreditation. This activity is intended as a supplement to existing knowledge, published information, and practice guidelines. Learners should appraise the information presented critically, and draw conclusions only after careful consideration of all available scientific information.
Scheduling a Grand Rounds Activity

If you would like to schedule one or more of these CME/CE certified modules, please complete and return the form on page 11, access the form online (www.academycme.org/diabetesgrandrounds) or scan QR code to access the website.

You should provide:
• Date, time, and location of activity
• Speaker requested (choose from enclosed speaker list)
• Module topic selection(s)
• Audience background/profile

NOTE: In order to ensure the availability of your selected speaker, please provide 3 to 4 weeks' notice in planning this activity. If this is not feasible, every attempt will be made to secure a speaker on shorter notice.

Upon receipt of your request, you will be contacted by E&S MedEd Group to arrange your activity.

Once an Activity is Scheduled

The following services will be provided by American Academy for CME, Inc. and E&S MedEd Group, Inc.:
• Speaker selection and confirmation
• Travel arrangements for the speaker
• Payment of speaker honorarium and expenses
• Advertising flyer
• Activity syllabus materials including accreditation information, speaker biographical sketch, disclosures, and slide module
• Academy Sign-in Sheet and Onsite Documentation
• Academy post-activity evaluation

American Academy of CME, Inc., as the accredited provider, is responsible for all aspects of certification and designation of credit, and will be providing participants with CME/CE credit.

As host for the activity, you will be asked to sign a host letter of agreement and agree to the following:
• Publicize the activity to potential participants using the Advertising flyer provided
• Provide AV for the speaker
• Have each attendee sign-in using the Academy sign-in sheet. (You may also have the attendees sign your forms, but that must be in addition to the Academy’s form).
• Provide each attendee with a copy of activity syllabus materials.
• Have any representatives of pharmaceutical or device manufacturers in attendance sign a Commercial Representative Memo.
• Ensure that the Moderator’s notes are read by the speaker or a designated individual from your institution.
• Return the participant evaluation forms as well as the Academy Sign-in Sheet and Onsite documentation within 2 weeks of the activity.
• There is no cost to your institution to host this activity. This activity is free of charge to participants.

Additionally, per regulatory guidelines, the educational grant used to support this activity may be used only for medical professionals attending the presentation. Our grant funding does not allow for participation by non–health care providers or guests.
**Faculty**

**Curriculum Chair**

Etie Moghissi, MD, FACP, FACE  
Associate Clinical Professor of Medicine  
University of California, Los Angeles  
Marina del Rey, California  

Dr. Etie Moghissi is an Associate Clinical Professor of Medicine at the University of California, Los Angeles and is in private practice in Marina Del Rey, California. As a native of Shiraz, Iran, she earned her medical degree from Pahlavi University, School of Medicine in Shiraz and completed an internal medicine residency at St. Luke’s–Roosevelt Hospital at Columbia University in New York City and a fellowship in endocrinology at the University of Southern California in Los Angeles. She is board certified by the American Board of Internal Medicine and the American Board of Endocrinology.

She currently serves as the chair of AACE-Diabetes Resource Center Task Force and was the lead author of 2009 AACE/ADA inpatient Diabetes Glycemic Control Consensus Statement as well as co-chair of the AACE Inpatient Diabetes Consensus Conference and Position Statement (2004) and AACE/ADA Inpatient Diabetes “Call to Action” Consensus Conference and Position Statement (2006). In 2007, she led the effort to create the AACE-Inpatient Glycemic Control Resource Center on AACE’s website. Her efforts have been instrumental in driving a major shift in optimizing the care of hospitalized patients with diabetes.

**Steering Committee**

Susan Cornell, BS, PharmD, CDE, FAPhA, FAADE  
Assistant Director of Experiential Education  
Associate Professor of Pharmacy Practice  
Midwestern University Chicago  
College of Pharmacy  
Downers Grove, Illinois  

Susan Ann Cornell, BS, PharmD, CDE, FAPhA, FAADE is the assistant director of experiential education and an associate professor in the department of pharmacy practice at Midwestern University Chicago College of Pharmacy in Downers Grove, Illinois. Dr. Cornell is also a clinical pharmacy consultant and certified diabetes educator, specializing in community and ambulatory care practice with over 20 years experience. Dr. Cornell received her bachelor of pharmacy at the University of Illinois, College of Pharmacy in 1986 and her Doctor of Pharmacy at Midwestern University in May of 2002. Dr. Cornell’s current clinical practice is with Access Community Health Network, where she trains, educates, and supervises students from the colleges of medicine, pharmacy, and health sciences, as they provide diabetes education classes for patients in underserved clinics. She has given numerous presentations to various healthcare professionals and community groups and has published and contributed to numerous professional publications.

Scott R. Drab, PharmD, CDE, BC-ADM  
Assistant Professor  
University of Pittsburgh School of Pharmacy  
Department of Pharmacy and Therapeutics  
Pittsburgh, Pennsylvania  

Scott Drab, PharmD is an assistant professor of Pharmacy & Therapeutics and Director of University Diabetes Care Associates. He received his Bachelor of Science degree in pharmacy from the University of Pittsburgh and his Doctor of Pharmacy degree from Duquesne University.

Dr. Drab’s efforts in contributing to patient care led to the creation of one of the first pharmacist-run diabetes care centers located in a community independent pharmacy. As a Certified Diabetes Educator and director of the clinic, he is responsible for care plan development, education, and patient follow up. He has managed the care of hundreds of diabetic patients over the years, improving clinical health outcomes. In addition to the direct patient care responsibilities, Dr. Drab is responsible for
providing drug information to the surrounding medical community and provides outreach education to benefit the greater good of the community.

He has received the Roche Preceptor of the Year Award in 2003 and 2008 and was selected as the 2007 Recipient of the Pennsylvania Society of Health System Pharmacist’s Joe E. Smith Award. The Joe E. Smith award is awarded to a pharmacist who is a member of PSHP and who demonstrates excellence in practice and is deserving of recognition for service to his institution, the community and the profession.

**Deborah Hinnen, RN, APRN, BC-ADM, CDE, FAAN, FAADE**
Director of Education
Mid America Diabetes Associates
Wichita, Kansas

Ms. Hinnen, RN, APRN, BC-ADM, CDE, FAAN, FAADE has been a diabetes educator for over thirty years. As a clinical nurse specialist, Ms. Hinnen currently works at Mid America Diabetes Associates as Director of a multidisciplinary team. The center piece of their program is a three day comprehensive self-management course. Ms. Hinnen helps provide clinical care and education to about 1000 people with diabetes per year.

Ms. Hinnen is involved extensively with the American Association of Diabetes Educators, having served as their national President. She was awarded their prestigious Distinguished Service Award and now has been honored with their “Fellow” designation. She has also served on the national board of directors for the American Diabetes Association, and as one the editors for Diabetes Spectrum Journal. Her faculty positions are with the Pharmacy Department at University of Kansas, the Graduate Nursing Department and Physician Assistant Program at Wichita State University. Ms. Hinnen was inducted as a Fellow into the American Academy of Nursing in 2003.

In addition to diabetes efforts, Ms. Hinnen has served as a Trustee for Butler Community College, a college more than 14,000 students.

**Silvio E. Inzucchi, MD**
Professor of Medicine
Yale University School of Medicine
Clinical Director
Section of Endocrinology Director, Yale Diabetes Center Yale—New Haven Hospital
New Haven, Connecticut

Dr. Silvio E. Inzucchi received a medical degree from Harvard Medical School in Boston, Massachusetts. He then completed his internship and residency and a fellowship in endocrinology at Yale—New Haven Hospital in New Haven, Connecticut.

Dr. Inzucchi is Clinical Director of the Section of Endocrinology at Yale University School of Medicine, where he also serves as Director of the Endocrinology and Metabolism Fellowship Program. He is also Director of the Yale Diabetes Center.

Dr. Inzucchi is the author of over 250 journal articles, abstracts, and book chapters and has lectured extensively on both national and international levels. His pocket booklet, The Yale Diabetes Center’s Diabetes Facts and Guidelines, is nationally distributed, with an annual circulation in excess of 75,000 copies. He served as co-chair for the 2006 American Association of Clinical Endocrinologists/American Diabetes Association Consensus Development Conference and was a member of the joint committee of these organizations that assembled the consensus statement on managing diabetes and hyperglycemia in the hospital setting. Dr. Inzucchi is on the editorial board of Diabetes Care and serves as an associate editor of the Journal of Clinical Endocrinology & Metabolism. His research interests include the inpatient management of hyperglycemia and cardiovascular complications of diabetes and insulin resistance.
Janet B. McGill, MD, MA, FACE
Professor of Medicine
Director, Fellowship in Endocrinology, Diabetes and Metabolism
Division of Endocrinology, Metabolism and Lipid Research
Washington University School of Medicine
St Louis, Missouri

Dr. Janet McGill is Professor of Medicine in the Division of Endocrinology, Metabolism and Lipid Research at Washington University School of Medicine in St. Louis, Missouri. She also directs the Fellowship in Endocrinology and is co-director of the Prevention and Control Core of the Diabetes Research and Training Center at Washington University.

Dr. McGill has been active in clinical research for over 20 years, beginning with the DCCT and landmark study of ACE-inhibition in diabetic nephropathy with the Collaborative Study Group. She has been the principal investigator on over 175 clinical trials in diabetes and diabetes complications. Dr. McGill collaborates with investigators at Washington University in the study of fuel metabolism in the diabetic heart and the study of novel interventions for atherosclerosis prevention. In addition to serving on steering and safety committees for international multi-centered clinical trials, including RENAAL, TREAT, FOCAL, the SUN studies in diabetic nephropathy, and the National Kidney Foundation Kidney Early Evaluation Program (KEEP); she currently serves on several DSMBs for novel clinical trials in diabetes. She developed and formerly directed the university-wide Volunteer for Health program, which maintains a database of over 20,000 potential study volunteers and has been incorporated as a major resource into the CTSA at Washington University.

Dr. McGill is a member of several professional associations including the American Diabetes Association, the American Association of Clinical Endocrinologists, the Endocrine Society and the Association of Program Directors in Endocrinology and Metabolism. She is a fellow of the American College of Endocrinology and serves on the editorial board of Endocrine Today and The Journal of Reproductive Medicine. She has authored numerous peer-reviewed articles and chapters, and is an editor for the Washington University Subspecialty Manual in Endocrinology.

Dr. McGill received her bachelor’s degree from the University of Michigan, her medical degree from Michigan State University in East Lansing, Michigan, and her master’s degree in biology from Northern Michigan University in Marquette, Michigan. She completed her residency in internal medicine and was chief resident in internal medicine at William Beaumont Hospital in Royal Oak, Michigan, and fellowship in endocrinology at Washington University School of Medicine.

Javier Morales, MD
Advanced Internal Medicine Group
New Hyde Park, New York

Dr. Morales is in private practice with the Advanced Internal Medicine Group in New Hyde Park, NY. After having graduated from UMDNJ-NJ Medical School, his medical training included residencies at Memorial Sloan-Kettering Cancer Center and North Shore University Hospital where he served as Chief Medical Resident. He serves on multiple committees at St. Francis Hospital in Roslyn, N.Y. and in addition to several publications, has served as principal investigator for several different studies and clinical trials. He is active in the educational sector having presented at many Pri-Med symposia. He also serves as clinical instructor for several nurse practitioner programs, physician assistant programs, in addition to the internal medicine residency program at North Shore University Hospital and Winthrop University Hospital. In addition to being an avid musician and percussionist, Dr. Morales is fluent in Spanish, Italian and Portuguese. He is a member of the American Medical Association, American College of Physicians, American Society of Clinical Pathologists, National Hispanic Medical Association, Nassau County Medical Society, American Academy of Family Physicians, American Association of Clinical Endocrinologists, and is a fellow of the Interamerican College of Physicians and Surgeons.
Improving Glycemic Control and Preventing Hypoglycemia in the Hospital Setting

**Grand Rounds Faculty**

**Alpesh Amin, MD, MBA, FACP**  
Professor of Medicine  
Executive Director,  
Hospitalist Program Vice Chair for Clinical Affairs & Quality  
Department of Medicine  
University of California, Irvine School of Medicine  
Irvine, California

**Michael Bryer-Ash, MD, FRCP (Lond), FRCP (C)**  
Area Diabetes Control Officer  
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**Susan Cornell, BS, PharmD, CDE, FAPhA, FAADE**  
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Associate Professor of Pharmacy Practice  
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**Scott R. Drab, PharmD, CDE, BC-ADM**  
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**Linda B. Haas, PhC, RN, CDE**  
Endocrinology Clinical Nurse Specialist  
VA Puget Sound Health Care System,  
Seattle Division Clinical Nurse Advisor  
Veterans Health Administration, Office of Nursing Services  
Washington, DC  
Clinical Assistant Professor  
University of Washington, School of Nursing  
Seattle, Washington

**Deborah Hinnen, RN, ARNP, BC-ADM, CDE, FAAN**  
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**Silvio E. Inzucchi, MD**  
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Yale University School of Medicine  
Clinical Director  
Section of Endocrinology  
Director, Yale Diabetes Center  
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New Haven, Connecticut

**Faramarz Ismail-Beigi, MD, PhD**  
Professor, School of Medicine Department of Molecular Endocrinology  
Case Western Reserve University  
Cleveland, Ohio

**Michael P. Kane, PharmD, FCCP, BCPS**  
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Albany College of Pharmacy and Health Sciences  
Albany, New York

**Janet L. Kelly, PharmD, BC-ADM**  
Outcomes and Cost Management Pharmacist Residency  
Program Director  
University of Washington Medical Center  
Seattle, Washington

**Armand Krikorian, MD**  
Assistant Professor, School of Medicine  
Case Western Reserve University  
Cleveland, Ohio

**Daniel Lorber, MD, FACP, CDE**  
Clinical Associate Professor of Medicine Weill Medical College  
Cornell University  
Flushing, New York

**Janet B. McGill, MD**  
Associate Professor, Medicine  
Division of Endocrinology, Metabolism and Lipid Research  
Director, Volunteer for Health  
Washington University School of Medicine in St. Louis  
St. Louis, Missouri
**Grand Rounds Faculty (cont)**

**Etie Moghissi, MD, FACP, FACE**  
Associate Clinical Professor of Medicine  
University of California Los Angeles  
Marina del Ray, California

**Javier Morales, MD**  
Advanced Internal Medicine Group, PC  
3003 New Hyde Park Road  
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**David S. Oyer, MD, FACE**  
Assistant Professor of Clinical Medicine  
Northwestern University, Feinberg School of Medicine  
Chicago, Illinois

**Doron Schneider, MD**  
Clinical Assistant Professor  
Drexel University College of Medicine  
Deputy Program Director, Internal Medicine Residency  
Medical Director, Center for Patient Safety and Healthcare Quality Abington Memorial Hospital  
Abington, Pennsylvania

**Paul M. Szumita, PharmD, BCPS**  
Clinical Pharmacy Practice Manager  
Department of Pharmacy  
Brigham and Women’s Hospital  
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**Jacqui Thompson, RN, MAS, CDE**  
Director, Diabetes Service Line  
Sharp HealthCare Diabetes Health Center  
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**Joseph M. Tibaldi, MD**  
Assistant Clinical Professor of Medicine  
Albert Einstein College of Medicine  
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**Curtis Triplitt, PharmD, CDE**  
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San Antonio, Texas
Host Organization

Address

Contact Name   Title

Phone Number   Email Address

Fax Number

Date of Activity: [1st Choice]  [2nd Choice]

Time of Activity: [1st Choice]  [2nd Choice]

Location of Activity (include building, room number, floor, etc)

Speaker Request: [1st Choice]  [2nd Choice]  [3rd Choice]  [4th Choice]

Topic Request: [Module A]  [Module B]  [Module C]  [Pharmacy Module]

Expected Attendees: [Approximate Number]  [Background/Profile – MDs, RPh/PharmDs, RNs, etc]

In order to assure this educational activity meets the needs of your institution/organization, please identify the current professional practice gap(s) of your staff/members that you would like to see improved as a result of their participation in one or more of the modules.

What barriers exist to addressing the professional practice gap(s) identified above?

What practice changes do you expect to see as a result of your staff’s/member participation in one or more of the modules?

American Academy of CME, Inc. would like to contact the person named on this form via email approximately 2-4 months following the presentation of the module to ask if you have identified a change in healthcare professional performance and/or improvement in patient care as a result of your institution/organization’s participation in this curriculum. We will also ask if you have incorporated other mechanisms to encourage change.

☐ Please check here if you do not want to be contacted for this outcomes measurement.

Once you have completed this form, please tear off and fax to 215-453-0155; or send via email to jferareza@esmedgroup.com.

To access the form online go to www.academycme.org/diabetesgrandrounds or scan the QR code.

If you have any questions, please contact us:

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